

Newsletter

#### Engaging with community and raising awareness through Asian Art & Culture

#### On Behalf of Our Board of Trustees & Committee



Anbu Balakrishnan Managing Committee Member

On behalf of the Committee I wish you a warm welcome to our June Newsletter.

There's been a lot going on over the last few months including our Jubilee Celebrations. You can read about some of the highlights in this newsletter.

Reading about all the events and happenings, showcases all of the hard work that goes on here at the Asian Association. I am a new entrant onto the management committee, and I have spent my time here to get to know the staff, trustees and volunteers of this organisation.

I would like to thank everyone involved in making the Asian Association what it is today. The centre provides so much support to so many in and around Chesterfield. It really is at the heart of the community, bringing a lot of joy and comfort (not to mention delicious food too!)

The centre is open to everyone, not just people of Asian origin and I think that is part of its success. Having such an open mind and offering a warm welcome to everyone ensures true inclusivity and it is that inclusivity that lies at the heart of this operation and encourages new friends and partners to come on board.

There is always a positive energy and I still find it hard to believe how much goes on here. The centre is a real hive of industry. Whether it's organising the community meals, providing catering to external organisations, hosting children's holiday activity clubs...the list is endless.

I offer my complete support to the Association and know that they will continue to go from strength to strength.

As well as volunteering my time with events at the centre. I do visit the centre wherever I can. I recommend everyone to do the same!

We are so lucky to have such hard working and dedicated staff and volunteers who put their hearts and souls in to making the Asian Association and Saffron Kitchen what it is today. .

Looking forward to further association with you all.

Anbu Balakrishnan

## Holi - School Presentations 16th & 17th March 2022

Issue: March - June 2022



The children and the staff at Brinnington Junior School whe had such an amazing time chatting to students from Brinnington Junior School about Holi! They asked such interesting questions and we were enjoyed taking part in our Holi celebrations. It was great fun!

We were delighted to be invited by Brimington Junior school to come and talk to their children about the celebration of Holi. The talk formed part of the children's RE curriculum which encourages cultural awareness.

It was such a successful day and everyone wanted to get involved. As you can imagine, the idea of throwing lots of colours around for Holi was especially appealing to the children. It was a really fun way of sharing our culture and as we know, when something is fun, it is usually very memorable. A fantastic way to teach and an enjoyable way to learn!

The teachers and assistants were keen to learn too and they enjoyed wearing beautiful sahris for the day. It was a truly wonderful day and we look forward to sharing more of our cultural celebrations in the future.





# Bengali New Year - 16th April 2022

Pohela Boishakh 2022: Pohela Boishakh or Bengali New Year known as Nobo Borso is celebrated as Mesha Sankranti as Naba Barsha in West Bengal. In Assam, Pohela Boishakh is celebrated as Bihu and also known as Assamese New Year. It is the first day in the Bengali calendar.

Our Bengali New Year Celebrations here at the Asian Association Centre, attracted lots of new members and not just from Chesterfield. We welcomed people from Derby, Mansfield, Nottingham and Sutton in Ashfield too. It was a wonderful event with a delciious traditional Bengali menu cooked by local, professional chef Himel Sarker.



Everyone enjoyed the celebration very much!





Team work makes the dream work!





# **5th April 2022**

In April we attended The Great Chesterfield Get-2-Gether. A free event, organised by Chesterfield Borough Council. It was open to all residents of Chesterfield with the aim of helping the community to engage with health and wellbeing providers as well as being able to find out about local services, organisations, clubs and groups that are available to support them and help maintain independence. Both the Asian Association and our Saffron Kitchen were represented. The Asian Association stood as part of the BME Forum and Saffron Kitchen provided delicious samosas and bhajis that everyone wanted to try. In fact - the Saffron Kitchen stand was quite possibly the busiest stand there!

An enjoyable day all round!



Stephen, Sushri, Saranya and Keith from ACCA





Saranya discussing the delights of Saffron kitchen









We are extremely grateful to the volunteers from North Derbyshire Refugee Support Group. They came over to lend their help, refreshing our beloved herb garden. After the cold winter and relatively wet Spring, the herbs were in need of a little tlc! Actually - quite a lot of tlc!

The boys worked so hard and always with big smiles and bags of enthusiasm. They were happy with the results and so were we. Having a herb garden is such a treat and really benefits the wonderful cooking at Saffron Kitchen. There is nothing better than the smell of fresh herbs being prepared for a recipe! Thank you again!



#### IDLI, SAMBAR AND CHUTNEY



26TH MAY 2022 11:30 A.M. TO 3:00 P.M £4.00 FOR ASIAN

£4.00 FOR ASIAN ASSOCIATION MEMBERS 54.50 FOR NON-MEMBERS



The luncheon Club. It was lovely to welcome both members and non-members to our Luncheon Club in May.

On the menu was the most delicious 'idli sambar' cooked by our very own Saffron Kitchen. Always the freshest ingredients used for our favourite dishes.



LUNCHEON CLUB

Come and Join us for a delicious lunch!

## **Easter Fun and Activities** April 2022

The centre was full of activity over the Easter period - so much creativity! The wonderful Steph was on hand to help create a beautiful mosaic of Queen Elizabther II - ready for the jubilee celebrations later on in June and Jini assisted the children with their food arts! I think you'll agree - it all looked incredible. It was an excellent way for the children to spend their Easter school holidays and we are truly grateful for the help and creativity of both Jini, Steph & Meg.









# **Cookery Classes**



#### Our cookery classes - cooking authentic and delicious Asian favourites are as popular as ever

Our cookery classes continue to grow in popularity. In May we had our famous bhajis on the menu. As you know - bhajis are always a very popular choice for anyone ordering from Saffron Kitchen and knowing how to make your very own authentic ones at home is a real treat. The class really enjoyed cooking them and of course tasting the rewards of their hard work afterwards!

For June - we cooked traditional vegetable biryani. A super family dish that is great for large gatherings and events too. A real crowd pleaser and once again the results were delicious!





We are delighted to announce that with effect from 2nd July, our Yoga classes led by the highly qualified Geoffrey, will return as live events here at the centre in Hasland.

Ease yourselves gently into the weekend and feel the many benefits that Yoga brings to the body. Relax your mind and clear away the stress!

To register please call or email and we will provide you with the zoom details.

Call: 01246 297452 Email: info@asianassociationchesterfield.org





# Jupilee Celeprations 👯

Through the National Lottery Platinum Jubilee Fund and Arts Council England - we received of a grant of £4850 enabling us to help celebrate the platinum jubilee event with our community here in Hasland. Cllr Lud Ramsey donated additional funds too.



In 2022, Her Majesty The Queen became the first British Monarch to celebrate a Platinum Jubilee after 70 years of service. We wanted to host a community celebration that everyone could get involved with. Our beautiful mosaic of the Queen was on show and our hall was decked out with jubilee flags. Along with our delicious food that included samosas, bhajis and jubilee fairy cakes, we had wonderful Bollywood dance classes from the amazing Nisha Lal and we were also treated to the sound of gentle violin music too.

It really was a community event that brought everyone together in celebration. There were smiles on everyone's faces and it was a joyous day.



## **Plastic Free Festival 12th June 2022**

We had another great day today - this time we were attending the Plastic Free Chesterfield festival. Here at The Asian Association's Saffron Kitchen - we are committed to not using single use plastics. We had a wonderful day - serving our delicious samosas, chicken biryani and bahjis

We sold out - it was all so popular!





# Sharing Our Work - Presentation at the University of Derby

We were honoured to be invited to attend and speak at the 'Building Community Capacity' Public Health Conference, organised by Community Chesterfield at University of Derby.

The focus was on how the Voluntary service impacts Public Health. All the students and the staff were really impressed with everything they learnt about the Asian Association, how we started and how we've grown into such a strong and fully inclusive community charity. We all shared and learnt so much. We were in great company too, alongside Derbyshire Wildlife Trust Derbyshire Alcohol Advice Service Chesterfield FC Community Trust The Volunteer Centre Chesterfield & NE Derbyshire



### Sad News...



Sadly we have to announce the death of one of the Asian Association of Chesterfield's founding members. Dr KR Manilal (80), passed away on Saturday 18th September 2021. He was also a part of Indian Army Medical Corps for around 6 years as Captain during which he served in the 1971 Indo-Pakistan War. In 1975, Dr Manilal migrated to the UK for higher education, post which he worked with NHS for 42 years at Liverpool, Manchester and Chesterfield. Our thoughts and prayers are with his family.

## Celebrating Carers Week - 6 - 12th June

To celebrate the fantastic work that carers do, in collaboration with White Rose College, we organised a carer's pamper day here at the centre. We invited carers to come along to this free event for a few hours of respite from their caring responsibilities. The lovely ladies from White Rose College came along and offered various holistic treatments including hand and neck massages, nail painting, foot massage and even Indian head massage too. All very relaxing and very much appreciated by the carers. Saffron Kitchen provided a delicious lunch that included aubergine and potato croquettes, sandwiches and scones. A lovely way to say thank you!.



# **New Grant Success stories!**

In collaboration with the Windrush campaigner Patrick Vernon OBE, The Majonzi COVID-19 Bereavement Fund was set up to support members of the BAME community who lost loved ones to COVID-19. We are very grateful to have received £500 from them which we will use for our memorial herb garden for members lost during the pandemic.



We are delighted to announce that we have once again been successful in receiving a grant from the Coalfields Regeneration Trust. We have received £1950 towards Saffron Kitchen - training and volunteer costs. We are extremely grateful for this grant that will help Saffron Kitchen's continued growth and success







# Fundraise whilst you're shopping!



It's never been easier to raise funds for the Asian Association of Chesterfield.

Here's our handy list on how to raise money simply by doing your shopping!

- <u>Co-op</u>: If you shop often at Co-op, please consider nominating us as the cause you support and for every £1 you spend, 2p will go into our membership account. And Co-op donates the same to our cause!
- Tesco Extra Blue Tokens. Each time you shop at Tesco Extra please post your token in the Asian Association box!
- <u>Amazon Smile</u>: Similarly, if you nominate us as your chosen cause, a proportion of what you spend will go towards the Asian Association.
- <u>Easy Fundraising</u>: Easy fundraising is a shopping platform with a variety of online shops familiar and new! This means that over 4,000 shops and sites will be able to donate to us for FREE every time you use easyfundraising to shop with them. These donations will help SO MUCH, so please sign up to support us it's completely FREE and doesn't take long.

# Don't forget - if you want keep up to date with all that's happening, follow us on social media





#### Lottery Community Fund Grant

Awarded to help support our core activities within the community

Having recieved this grant in a three-year agreement in 2019, we are grateful to the Lottery Community Fund for their continued support. This grant forms the solid base to all our projects, services and activities. We are hugely grateful for it!





Foundation Derbyshire



Voluntary Sector Grant

Thanks to this fund, we have been able to purchase aprons, fleeces and hazard vests for staff and volunteers from Saffron Kitchen. We have also been able to provide some of our members with added security in the form of residential cameras. Foundation Derbyshire- Jubilee Fund

Thanks to Foundation Derbyshire and Arts Council for supporting us with the Jubilee Fund to celebrate the Queens Jubilee with the local community.

#### Our Thanks and Gratitude

We would like to offer our sincere thanks to Links CVS for their assistance and advice, Chris Wells for his help as a consultant to draft a comprehensive business plan for Saffron Kitchen as well as his generous donation towards the Association, Matlock Print for their printing expertise, our service users for their generosity in positive feedback, our volunteers for their time dedicated and to every one of our supporters who send us their their goodwill. We look forward to your continued support, friendship and kindness!



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